



### **chicken salad**

1 tbs extra virgin olive oil  
2 chicken breast halves, partially frozen  
4 hard cooked eggs with yolks removed, chopped  
6 stalks celery, chopped  
8 green onions, sliced  
1 large green bell pepper, diced  
1/2 to 3/4 cup miracle whip lite, depending on how creamy you like it  
salt & (lots of) pepper  
optional: large tomatoes

1. heat oil in skillet on medium heat. cut partially frozen chicken into small pieces (keeping it partially frozen makes it easier to cut apart). cook chicken in oil about 10 minutes, stirring occasionally.  
2. in large bowl combine the eggs, celery, onions, green pepper, and miracle whip. add cooked chicken. season with salt and pepper to taste. (note: we've found that extra pepper gives it great taste). chill for about 2 hours prior to serving.  
3. optional serving suggestion - cut tops off of large tomatoes. scoop out the insides and if desired, cut a pattern around the top of the tomato. spoon chicken salad inside.

makes 6-8 servings - enjoy! =)

<http://www.oncupcakemoon.com/recipes/chickensalad.pdf>